

City Council ok's home construction

By Lynne Locke

The Upland City Council Monday night approved a 37-acre tract of Lewis Homes despite objections from Upland Citizens for Quality Living. The council also upheld the Planning Commission's determination the development would not have a significant adverse impact on the environment.

The citizens group had charged the tract's environmental assessment report (EAR) was based on incomplete and incorrect information regarding traffic, flooding, and existing trees.

"We are concerned with the density, appearance of crowdedness and the quality of life," Harry Fitzgerald said and added the council should consider not only the

impact on trees and animals but also on "the character of the neighborhood."

Fitzgerald said the present planning process concentrates on evaluating the immediate development and ignores the impact on nearby areas and the entire city.

Developer Ralph Lewis said the citizens group was concerned more with density than environmental impact. Lower density should be achieved through the city's general plan rather than through the EAR for an individual tract, he added.

Noting the EAR procedure is "very subjective," Mayor pro tem John McCarthy said he agreed with the Planning Commission's findings that the tract will not have a

significant effect on the environment.

The council upheld the Planning Commission's finding on a 3-1 vote with Councilwoman Ina Petokas dissenting. Councilman Hal Bailin abstained since he owns a share in the land being considered for development.

Councilwoman Petokas said an environmental impact report should be prepared on every large tract. The city should consider the total effect of development even if it occurs in stages, she added.

The council also approved the tentative tract map for the development after Lewis told the council he would provide a buffer zone between the existing homes and the planned development.

Lewis said the tract map had been partially altered to provide larger lot sizes for the two rows of homes west of San Antonio Avenue and the existing homes.

The council requested the city staff to investigate the cost of a study of the general plan and the cumulative effect of development. The council also asked the staff to study changes in the EAR fo/m suggested by the citizens group.

In other action Monday night the council:

—Awarded a \$5,035 contract to United States Pipe and Foundry Co. to furnish eight-inch diameter water pipe.

—Allocated \$750 to Toward Utility Rate Normalization (TURN), a statewide utility public interest

group which represents consumer interests.

—Approved an actuarial study to determine the cost of implementing a retirement program for fire safety personnel. The employee will pay for the study which is expected to be completed by November.

—Authorized the city personnel office to assist the Upland Housing Authority in hiring an executive director to replace Jerry Leggit, who is resigning to accept a position in Denver.

—Approved a zone change from agricultural to single-family residential for 10 acres at the northeast corner of Mountain Avenue and 13th Street. The Environmental Assessment Committee had stated that development of the land could have a significant adverse effect on the environment if landscaped open areas are not included in development.

—Approved a conditional use permit for establishment of a restaurant and cocktail lounge at the former Department of Motor Vehicles, southwest of Mountain Avenue and Seventh Street. Mayor Haldeman abstained.

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The Upland News

THE
COMMUNITY-MINDED
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WOOD-WORKER — James Edwards of Upland adjusts the hands for one of 14 grandfather clocks he made from his own plans after studying pictures and other furniture. Edwards said he builds clocks "just to pass the time." (Photo by Lynne Locke)

News Briefs

Planning Commission to meet

The Upland Planning Commission will meet 7:30 p.m. tonight at the City Council Chambers, 460 N. Euclid Ave. Public hearings include a zone change from agricultural to open district for 5.6 acres at the northeast corner of San Antonio Avenue and 20th Street; and a zone change from agricultural to multiple-family residential for 2.4 acres on the southeast side of Foothill Boulevard and Benson Avenue.

The commission also will consider three tentative subdivision maps in single-family residential zones: to create 18 lots on 10 acres at the northwest corner of Redding Way and 17th Street; to create eight lots on 4.8 acres north of 22nd Street between San Antonio and Euclid avenues; and to create nine lots on 3.8 acres at the northeast corner of Euclid Avenue and 16th Street. The commission also will consider a tentative subdivision map for a planned residential development of 105 lots on 19 acres north of 14th Street between Mountain and Benson avenues in a single-family mobile home park zone.

Summer musical

Upland Recreation Department will host a summer musical program 7:30-9 p.m. Aug. 1 at Magnolia Recreation Center, 651 W. 15th St. The musical, performed by the Chaffey College Theater Arts Department, includes scenes and songs from Broadway musicals and rock musicals. Advanced tickets, adults \$1.50 and children 6 and older \$1, are available at the Recreation Department, 404 N. Second Ave. A family ticket is \$5. Prices will be 25 cents more at show time.

'The First Days of Life'

The Pomona Valley-West End Right to Life League will present a French film, "The First Days of Life," 8 p.m. tonight at Upland High School, room 1. The film, which is open to the public, shows the development of the unborn child as well as later stages of pregnancy and the birth process. The Right to Life League also has a speakers bureau and a telephone counseling service. For speakers call Paul Vadnais, 982-7390. People with problem pregnancies can call the Right to Lifeline, 985-0205.

Class openings

Chaffey College Community Education has opening in free classes which continue through August. Classes include instrumental piano 9 a.m.-noon Wednesday and beginning organ 7-10 p.m. Wednesday, both at 380 W. Ninth St., Upland. Others are jewelry classes 12:30-3:30 p.m. Tuesdays, 9 a.m.-noon Tuesday or Thursday, and 7-10 p.m. Tuesday, Wednesday or Thursday at 394 E. C St., Upland.

A communications course in self-awareness is taught 10 a.m.-noon Tuesday and Thursday at Upland Library. A home gardening class, which continues through Sept. 17, meets 1-3 p.m. the first and third Wednesdays at Mt. Fuji Gardening Center, 1555 W. Foothill Blvd., Upland. For class information call 985-9853.

"To pass the time"

Uplander builds grandfather clocks

By Lynne Locke

"Keep on living like you're going to live here on earth forever. Don't look back — look forward," advised James A. Edwards. The 85-year-old Uplander has just finished building his 14th grandfather clock.

Edwards, who was a busdriver for the Fontana School District and worked for Standard Oil, has always been interested in woodworking as a hobby "just to pass the time."

He began building cabinets for grandfather clocks when his brother-in-law discovered completed grandfather clocks were too expensive to buy. "He bought the clock works, so I had to build it," Edwards remembered.

Edwards bought a blueprint plan for building a grandfather clock but didn't like the design. He looked at several clocks, and experimented until he designed a clock he liked.

"After I got a pattern I stopped experimenting," said Edwards who is starting a small clock for his daughter.

"I will try something a little bit different if I keep on," he commented and added, "I have never been quite satisfied with anything I've made. I feel I could make it better."

Edwards said the hardest part of making a clock is installing the clock works. "It takes really skill to adjust the pulleys," he noted.

Scouts learn games, skills

Upland Junior Girl Scouts were among 56 scouts who participated in a five-day camping experience. "Junior Woodsman Camp is a unique blend of in-town planning and mountain camping," commented Mrs. Richard Simkins, Spanish Trails Girl Scout Council camp director.

Scouts started by meeting at the Covina Scout House to plan the five-day camp at Wrightwood. Planning was followed by outdoor fun and learning.

Junior scouts, 9-11 years old, learned nature games as well as folk songs. Daytime activities included hiking, nature crafts and outdoor cooking.

They also learned camp skills such as fire building, knot tying and lashing. Scouts practiced using a compass and pocket knife.

After-dark activities included star gazing and sleeping under the stars, a first time experience for many campers. Girls also learned about ecology and conservation.

"The objective of the camp was to live comfortably, healthfully and happily in the out-of-doors," Mrs. Simkins said and added that campers "thoroughly enjoyed their new experiences."

The 56 girls met scouts from throughout the Spanish Trails council. Many found penpals they will meet at scout events throughout the year, she said.

Upland's junior scouts received help from program aides including senior scouts Kathy Barton, Glendora; Karen DesRochers, Valinda; Mary Foy, Baldwin Park; Jo Anne Hall, Claremont; Carol Woodruff, La Habra, and college student Susan Reeber, Claremont.

Core staff were: the Mmes. Thomas Howard, business manager, and Walter Kennedy, health supervisor, both of Hacienda Heights; and Manette Mullenax, quartermaster from Rowland Heights. Unit staff members were: Mrs. Norman Abramovitz, Chino; Mrs. Frank Bielmeier and Jenifer Blackford both of Hacienda Heights.

Spanish Trails Girl Scout Council is a participating member of the United Way Inc., West End United Way and United Way of Orange County. It is an affirmative action agency.

Grandfather clocks are sturdy but they have to be level to run correctly. A delicate suspension spring also can be a problem because it breaks easily.

Edwards can put different clocks into the cabinet. The first clocks he built used an excellent clock he bought in Redlands. He used an Alabama-made clock in for later projects because it was easier to install.

Most of the clocks have Westminster chimes which have three different sounds. Clocks are also available with a moon dial which tells what time the moon rises and sets each day.

Edwards said inflation has affected his clock building. He uses mahogany, birch, and walnut which have almost doubled in price.

Carpentry is "really exact work" so Edwards doesn't work all day at

his projects. He's also finding failing eyesight is a problem, but he said, most people his age have similar handicaps.

Besides clocks, Edwards makes picture frames for his daughter's paintings and his wife's stitcheries. He also built a bedroom set and a hutch which he designed from a picture in a catalog.

Although he has done carpentry and worked at many different jobs, Edwards originally wanted to be a newspaper reporter.

Lack of education kept him from entering the field of journalism. His father died when he was 12, so Edwards spent his teenage years running his mother's farm in Kansas.

His father, who came from England at the age of 12, was self-taught. Edwards said his father, who was a "wizard in math," in-

vented a range-finder used by surveyors to determine the distance from one point to another.

His father also built houses before he became a surveyor. Edwards said he "picked up carpentry at home just because I liked it."

Edwards and his wife, who recently celebrated their 65th wedding anniversary, moved from Fontana to Upland in 1968.

They had lived six miles outside Fontana for 43 years, but decided to move to Upland when they found it harder to get their driver's license renewed.

"We didn't want to be caught without a way to get to town," Edwards said and added, "We moved to Upland to be closer to town. Now everything is out in the shopping centers."

But, he said, Upland is much nicer than Fontana.

Highway Administration approves Mountain Avenue improvement

The Federal Highway Administration has given final approval to the Mountain Avenue improvement project in Upland.

Bidding is expected to begin soon on the 2.3-mile project. Work is expected to start in August and continue for up to one year.

The project is designed to improve the landscape and traffic flow on Mountain Avenue between the San Bernardino Freeway and 16th Street.

It is essentially the same plan approved March 31 by the Upland City Council.

Twelve intersections are within the improvement project. Seven existing signal systems will be modified, four new signal systems will be installed, and signal systems at all intersections will be

interconnected to a central master traffic-control system to be located at Upland City Hall.

The northern three-fourths mile of Mountain Avenue, between 13th and 16th streets, will be widened to four moving lanes plus left-turn lanes at each intersection.

Islands will be installed to provide left-turn protection and traffic-movement control at intersections. They will be landscaped.

A center landscaped barrier island will be constructed between 13th and 16th streets.

The project will be built entirely within the existing right-of-way.

Construction is expected to cost about \$1 million, but no assessments will be made on any property to finance the improvement project.

The federal government has

The News

Upland News carriers will be calling on residents through the next week for collections. Although subscriptions are voluntary, the 50 cents requested per month adds to their monthly earnings and encourages reliable, courteous service.



CAMP-OUT — Lisa Whyte (left) of Upland, Nancy Austin of Alta Loma and Leslie Chambers of Upland hang up their sleeping bags to dry after a night under the stars with other local Girl Scouts.

Campers learned nature crafts, cooking, and outdoor skills such as compass reading and knot tying.

Skaters win honors

Four young roller skaters from the local area recently won honors at the Southwest Pacific Regional Figure Skating Championships in Bakersfield and have earned the chance to compete in the upcoming national championships.

The four skaters are: Rex Mobley, 10, Etiwanda; Bill Long, 12, Cucamonga; Robin Crilly, 10, Alta

Loma; Vincent Purinton, 7, Garden Grove. They will leave July 28 for the national championships in Lincoln, Neb.

Rex Mobley placed third among 38 boys competing in the elementary school level boys' singles.

Bill Long and Robin Crilly took second in the elementary pairs division, finishing above 16 other teams.

Nationals berth for Oakes

David Oakes, Mt. Baldy Aquatics' outstanding 16-year-old breaststroker, swam to a first place 2:24.5 in the 200 meters to qualify for the National Junior Olympic long-course championships at Ithaca, N.Y.

Oakes had previously qualified for the nationals in the 100-meter event at the Mission Viejo Senior meet in April with a 1:13.5, then traveled to the Navy Wings of Gold meet where he swam under the Central California AAU record with a 1:14.5, good for the gold medal.

He followed with an impressive fifth place clocking of 1:12.8 during the Western Olympic Development meet at Belmont Plaza in June.

As the Upland youth readies for the JO Nationals on Aug. 8-9-10, he is working toward a time of 1:09.2 to

gain a berth in the Senior National Championships, Aug. 20-23, at Kansas City.

Coached by Tom Grall, Oakes owns the Inland Empire swim conference record with a 1:03.8 in the 100-yard breast and also holds the SAL and CIF marks in the 50 with 28.8 and 28.5, all set in 1975.

Mt. Baldy Aquatics, recently formed as the result of a merger among the former Upland Aquatics, Montclair Swim Club and Claremont Novice team, is preparing to host the Inland Empire Conference Championships at Ontario High School, July 26-27.

Any area swimmer interested in either AAU or novice team information may call Dolores Week (982-3430).

Vincent Purinton placed third among 20 skaters in the tiny tot boys' singles division.

A total of 1350 contestants competed at the regional championships in Bakersfield with only the top three finishers in each division qualifying for the national championships.

The four skaters represent the Foothill Skating Club of the Holiday Roller Rink in Montclair. Their instructors, former national champions Rick and Lisa Weber, will accompany them to Nebraska.

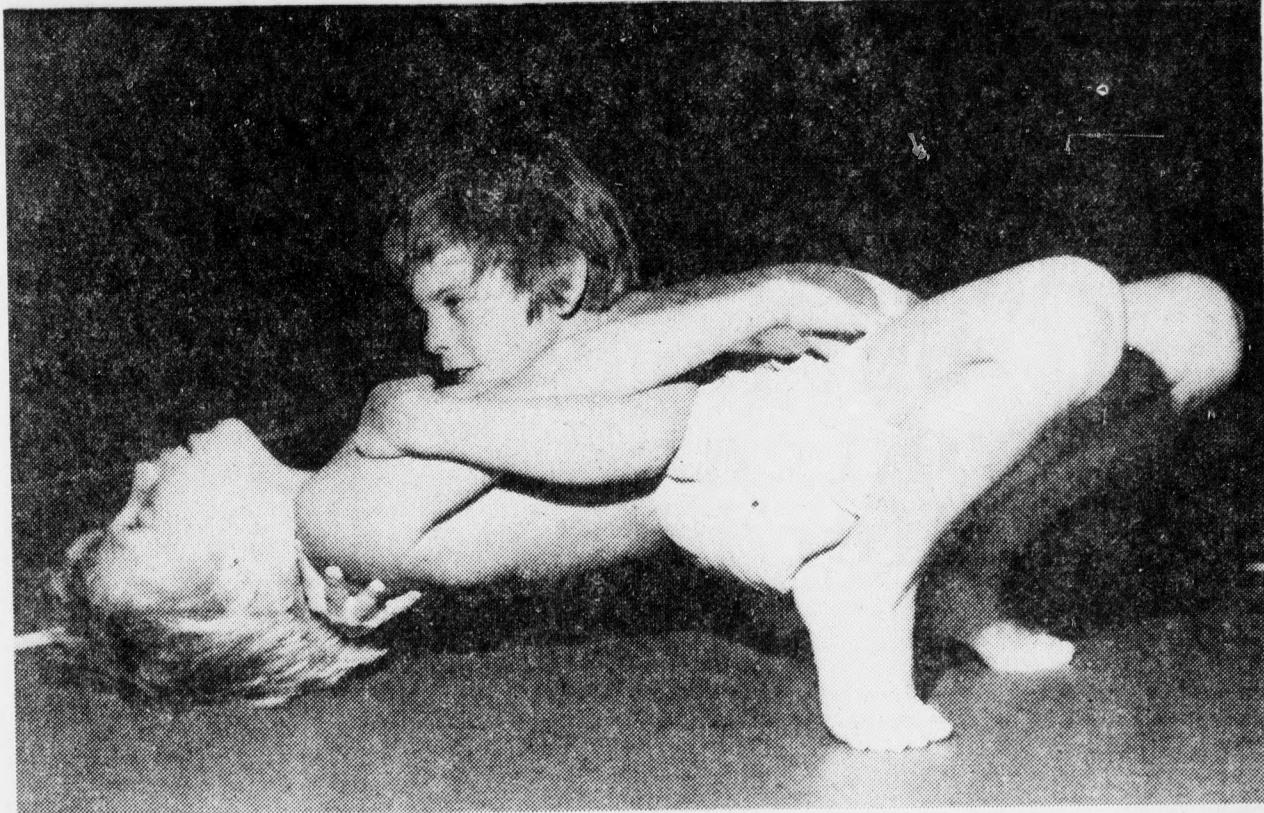
Police center eludes cut

However he has agreed to allow grants which were in process in November to go through.

A proposal for a computerized police dispatching center that would serve three West End cities has survived a budget cut threat by Gov. Edmund G. Brown Jr.

That would allow completion of the center by late 1976.

Workers in the center, to be located in the Ontario police station basement, will dispatch police cars in Ontario, Chino and Montclair.



SUMMER SPORTS — Darren Kettle seems to be in an impossible situation as Jimmy McAninch wrestles him to the ground in a summer class

sponsored by County Service Area 50. Other summer programs include team sports and arts and crafts classes. (Photo by Lynne Locke)

People in the news

Firearms trophy

Upland police officer Steve Thorsen has been awarded a first-place firearms trophy for proficiency in the use of police firearms. Thorsen and officers Earl Christensen, Lonnie Poe and Bob Jacobson graduated from the Police Academy in San Bernardino after a 12-week course.

Cub Pack 311

Cub Scout pack 311, including Montclair residents, welcomed 21 new bobcats at the Jaune Pack Meeting.

The bobcats are David Metzger, Jeffery Vanover, Charles Donaldson, William Martin, Daniel Sandoval, James Renslow, Armando Sandoval, Freddie Orosco, Vincent Dudash and Gary Lee Cochran.

Other new bobcats include Scott Drake, Justin Yearly, Mathew Stoneking, Thomas Hogan, Erick Nelson, Frnak Lara, Tim Craig, Byron Getz, Mark Johnson and Daniel Vitale. New den mothers are Barbara Beaty, Lesta Craig, Clencia Sandoval, Christine Stoneking, Betty Martin and Karen Cochran.

Awards were presented to Patrick Wade and Mike De Garceau, wolf badges; and Jimmy Ewart, bear badge; Chris Chaltant, Jim Corcoran, Dion Cenault, Kevin Eroe, Tony Schiaretti and Martin Young earned the Webelos forester badge.

For information on joining the pack call Pete Rice, 624-6415.

Donations

Upland Recreation Department, Upland

Library, County Service Area 50 (CSA-50) recreation program, and Rancho Cucamonga Library have received donations from the Upland Creative Workshop for Children.

The workshop presented two dance mirrors and a full drum to the Upland Recreation Department.

CSA-50 received a kiln to be used for the ceramic program. Upland Library will use its monetary donation to purchase a display case for the children's section and the Rancho Cucamonga Library will purchase children's books.

The Upland Creative Workshop for Children, founded in 1962, is disbanding after several years of inactivity. Board members, headed by Mrs. Edward Capparelli, chose the four recipient organizations for their work in stimulating children's interest in arts and sciences.

Cub Pack 653

Tricommunity Cub Scout Pack 653 presented awards to Jeff Gantzen, bobcat badge; Bill Gillian, wolf badge, gold and silver arrows;

Tony Dias, wolf badge; and John Nyers, bear badge, gold and silver arrows.

Other wolf awards were presented to Weston Jones, Richard Miller and Kenny Aponas, silver arrows; Jeff Sanftleben, gold and silver arrows; and Andy Wood, gold arrow. Webelos Danny Cain, Leslie Finley, Larry White and Chris Thomas earned showman awards.

50-year honors

Ferna Doucette of Upland has been honored as a 50-year member of the national Phi Mu college fraternity. Mrs. Doucette joined Phi Mu in 1925 while she was a student at the University of Missouri.

Phi Mu, one of the oldest national fraternities for women, was founded in 1852 as the Philomathean Society at Wesleyan Female College, Macon, Ga. It was nationalized in 1900 and adopted the Greek name Phi Mu. The fraternity has 122 college chapters and 189 alumni chapters.

Coordinators include parent education, Phyllis Peer; program hostess, Linda Heavenside; work party, Terry Switzer; publicity, Carol Uber; telephone, Linda Chopp; and Marya Williams; scheduling, Chris Diaz and Marlene Hester; ways and means, Jeannine

and attends St. Mark's Episcopal Church, Upland.

During the World War II years, she was active with her husband, Forrest E. Doucette, in the operation and ownership of the Ontario Herald and Outlook printing and publishing company.

New president

Vickie Alexander has been elected president of the Chaffey College Interior Design Society. Serving with her will be Gene Redman, vice president; Pat Pilkington, secretary; Carol Wheaton, treasurer; Eileen Clem, program coordinator; and Betty Boersma, newsletter and publicity coordinator.

Ellen Fitch, past president, and Joyce Edwards received Home Furnishings Education Foundation awards and certificates of completion of the interior design program. Others who received completion certificates are Pat Mayeda, Pat Pilkington and Lorida Kovacs.

Club members designed a room setting, themed "Desert Discovery," for showcase competition at the California Villa Living show at the Los Angeles Home Furnishing Mart, 1933 S. Broadway, Los Angeles.

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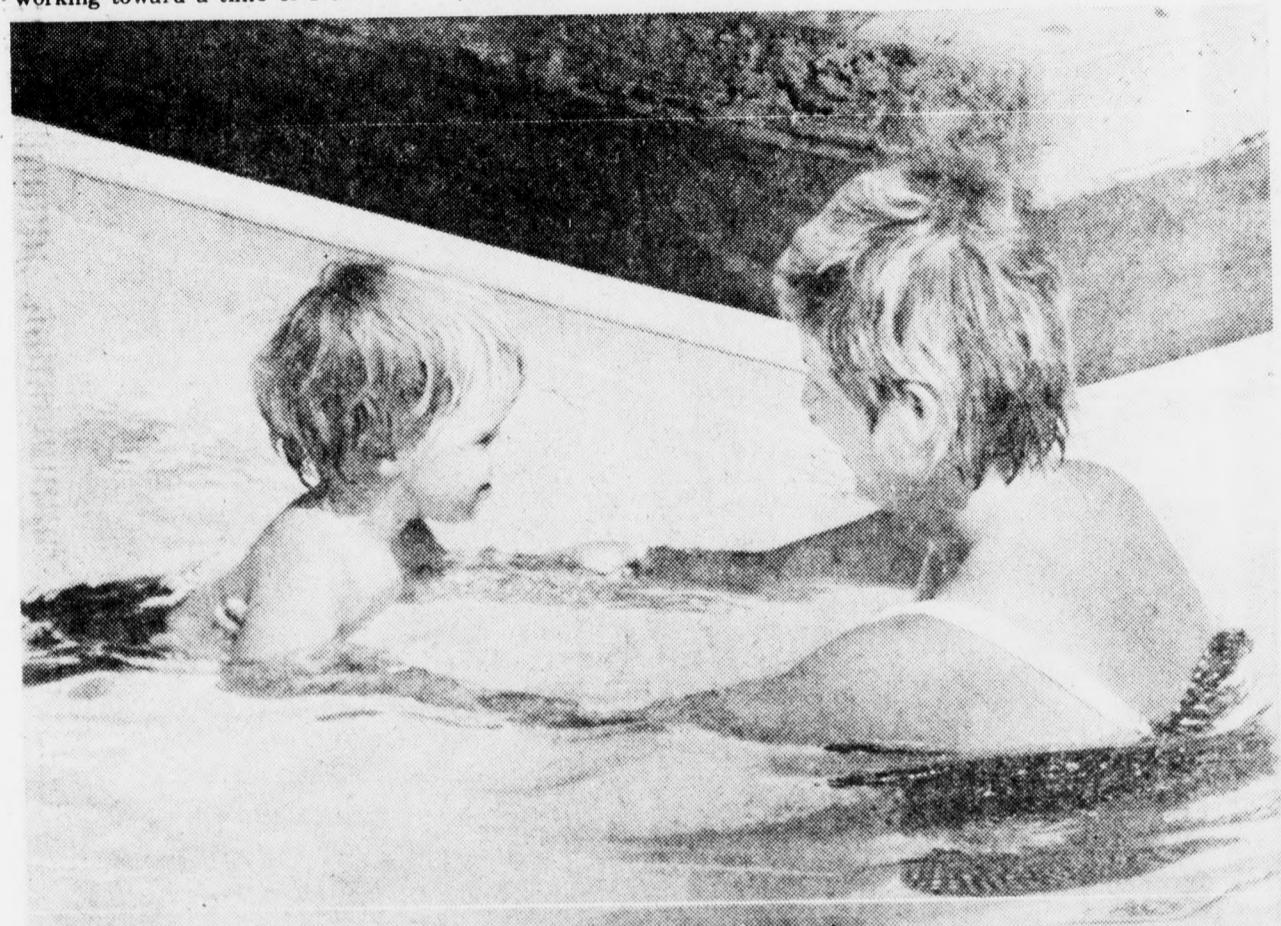
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MOMMY AND ME — Patricia Campbell helps son Christopher, 2 1/2 years old, learn to float in the Mommy and Me class at the Arabian Nights pool, 1275 W. Foothill Blvd., Upland. The class, sponsored by the West End YMCA, teaches

young children water skills and safety. The class is open to children, aged 6 months - 4 1/2 years. The next two-week class starts 9:45-10:30 a.m. Monday. For information call 986-5847.

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Bicentennial set as club's theme

Mrs. Gordon Zwissler has been named the new president of The Ramblers Club.

Mrs. John A. Zwissler installed her daughter-in-law as president; Mrs. Milhiser, vice president; Mrs. William H. Gaffney, secretary; Mrs. Charles A. Smith, treasurer; and Mrs. Clarence Scott, director.

Mrs. Clark Lewis was introduced as program chairman for the coming year.

Mrs. Lewis revealed the program planned will celebrate the Bicentennial and is entitled "The Miracle of America or 200 Years of Growth." Papers relating

Academy appointee

Kim Russel Sage, son of Mr. and Mrs. Stanley R. Sage of Alta Loma, a graduate of Alta Loma High School, has been accepted for admission to the California Maritime Academy at Vallejo.

Sage will enroll in the Academy's four year program to prepare for a career in the maritime industry.

His program will include sea training experience on three eight-week cruises aboard the academy's training ship, Golden Bear, as well as classes and laboratories ashore.

to this subject will be given each month when the group reconvenes on Sept. 19 for an autumn luncheon.

Mrs. Clarence Scott was presented a gift as retiring president.

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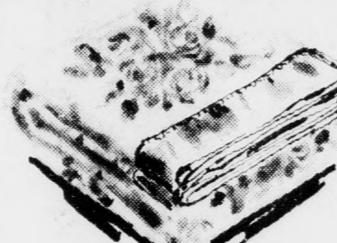
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Bouquet of Roses

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Reg. \$9
Just one of dozens of gorgeous print blankets, all acrylic and machine washable. For twin or full.

Cottage Tile Print

866

Reg. \$10
72x90 all acrylic with Monsanto 3-year Wear-dated label. Pink, blue or brown, machine washable.



Fun! Toy Parade

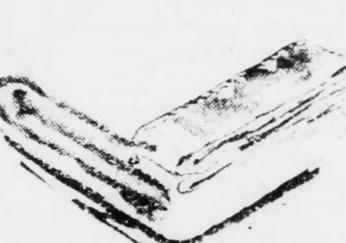
766

Reg. \$9
Juvenile print on acrylic, 72x90. Raggedy Ann and Andy and all the toys; machine washable.

North Star Elegance

12⁹⁸

72x90
Acrylic fiberwoven to foam—with Monsanto wear-dated 3-year guarantee. Schiffli-embroidered hem. 6 colors.



MoneyBak Blanket

666

Reg. 7.98
72x90 acrylic in royal, pink, green, red, gold, white, brown. Fiberwoven and Fiberfixed. Washable. Solids.

\$8-\$9 Blankets

544

Lots of patterns and colors at one low price! Acrylic and polyester fleeces; thermal weaves.

Rose Point

13⁹⁸

80x90 extra large double size blanket in all polyester. Burgundy, brown, blue or green; washable.

Country Square—1/3 off

597

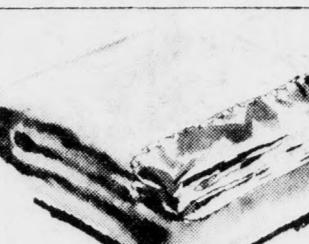
Reg. \$9
By Beacon — woven acrylic checks in assorted colors. 72x90, nylon binding. Treated to reduce shedding.



Doncrest Thermals

866

Reg. 9.50
Acrylic with Monsanto wear-dated 3-year guarantee. Royal, pink, green, grape, gold or white, 72x90.



Martex Vellux Solids

14⁹⁸

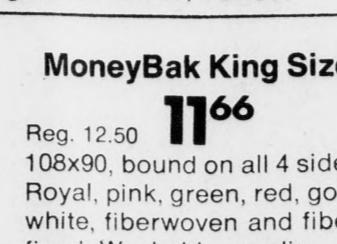
72x90 fits twin or full. Pink, blue, avocado, ivory, gold, tangerine, lime, yellow, lavender.



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80x90 extra large double size! Nylon flock on urethane foam — pattern won't wash out! Many prints.



MoneyBak King Size

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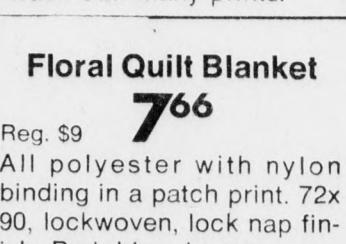
Reg. 12.50
108x90, bound on all 4 sides. Royal, pink, green, red, gold, white, fiberwoven and Fiberfixed. Washable acrylic.



MoneyBak Queen Size

966

Reg. \$11
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Reg. \$9
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Maurice J. Sowell Jr.

Baptists welcome new minister

By Don Ham
Editor

Maurice J. Sowell Jr. decided to answer the Lord's call last year. "The Lord had been calling me for some time, but I neglected to answer that call," said Sowell, who is the new pastor of the First Southern Baptist Church, 7450 Archibald Ave., Cucamonga.

Sowell said being pastor is "not to be taken lightly." He called it the most responsible position a person can hold because the pastor is involved not in people's mind, but in their souls, "not just a lifetime for an individual, but an eternity."

Sowell, a 32-year-old student at the Golden Gate Baptist Theological Seminary in Garden Grove, will be ordained by his church July 27. He said he expects to complete his seminary work in three years.

Born in Clovis, New Mexico, Sowell grew up in a strong Christian family throughout the United States. His father, a civil engineer, and his mother

also are active in the church.

"They're responsible for my having the Christian heritage and the character that provided the opportunity for the Lord to call me into full-time service as a pastor," Sowell said.

Sowell moved to California in 1958, and attended high school in south San Francisco, received an associate of arts degree from the College of San Mateo, a bachelor of arts degree from Hardin-Simmons University in Abilene, Texas and did work on a master's degree at Texas Tech University. He served in the United States Marine Corp until June 1974.

Sowell said he has seen a marked change in his church in the brief time he has been pastor. These changes include seven new members (one by baptism) and increased Sunday school attendance.

"The church is rather alive and responsive to the community's needs in a spiritual way," he said.

When a local child's life was in danger after a recent accident, Sowell said the church responded by "focusing on the family's needs, both emotional and physical." The entire church, he said, was involved in trying to save the child's life.

The child recovered from his injuries and is now doing fine.

"The only possible explanation for the child's recovery," Sowell believes, "is that the Lord has touched that child's life in a personal way to obtain eternal life."

"Those two things are why we as Christians remain in the world," Sowell said. "To live out our lives in order to provide a Christ-like influence and to implement the Lord's will for the earth."

To help bring about these goals in his church and community, Sowell has several plans, most involving development of the church's 3.9 acres of property.

Plans are being made to build a baseball diamond for church youth and a football-sized field with grass and trees for recreation.

Sowell plans to start a "bus ministry" to "reach out" to the community for Sunday school and Sunday services. He is presently looking for a bus and driver.

The church will hold a

vacation bible school Aug. 11-17 for preschool through high school youth. Two volunteer summer missionaries, college students from Texas and Louisiana, will help with the school.

"We're looking very seriously in about a year's time to establishing a Christian school in our school, open to all Christian youth, would include first grade through high school.

"People are really beginning to recognize the need for Christian schools," Sowell said, adding that it's a "real waste" of church facilities to use them only once a week. "This way we can use the facilities the Lord has provided us in a more efficient way."

Sowell invited people to attend his church.

CHURCH SERVICES

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Morning Worship 11 am
Evening Worship 6 pm
Children Church 11 am
Wednesday Bible Study & Prayer - 7 pm
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BLACK BUFFALO — A "Kids Pow Wow" will be presented by Black Buffalo, a Northwest Indian, Thursday, July 31 during a week-long Bible School Day Camp at the First Church of the Nazarene, 120 W. Ninth St., Upland. The day

camp, for children 4 years old through sixth grade, will be held July 28-Aug. 1. For more information, call the church office, 982-1364, or day camp director Sue Bangle, 983-6092.

Nazarene camp, pow wow

First Church of the Nazarene, Upland will hold Bible day camp 10:30 a.m.-1 p.m. July 28-Aug. 1 for children, aged 4 through sixth grade. Highlight of the day camp is a children's pow wow July 31 led by Buffalo Bill, a northwest Indian, who will lead songs and games and tell stories. Indian artifacts will be displayed.

Other day camp activities include music, crafts, Bible skills, games, songs and stories. Adult leaders include Sue Bangle, Joaea Barfell, Merleta Dunn, Nancy Swift, Bonnie Ziebarth, Betty Wilson, Ruth Smith and Glenn Barfell. Cost is \$1 for crafts. For information call 982-1364 or 983-6092.

Church News
Church news to be published in The San Dimas Press, The La Verne Leader, The Bulletin (Diamond Bar-Walnut-Rowland Heights), The Cucamonga Times, The Upland News of The Montclair Tribune should be sent to the Church Editor, Bonita Publishing Co., P.O. Box 593, Ontario 91764 at least one week in advance.

United Methodist

The Cucamonga United Methodist Church, 7690 Archibald Ave. will hold its Annual Vacation Church School July 28-Aug. 1. The week-long event will be from 9 a.m. to noon, Monday through Friday at the church.

All children in the community ages 4 years through the sixth grade are welcome to come and join in the wide variety of fun activities that are being planned. There will be four separate classes for the different age groups, each exploring an interest area through activities in crafts, music and games. Each morning will begin with a general assembly of songs and stories before starting individual classes.

For registration forms contact the church, 987-3214. There is a donation of \$1.50 per child to help cover the cost of materials and supplies. Registrations will also be accepted the first morning of Vacation Church School.

Gospel music talent search

A gospel music talent search will be held at Cal-Expo Aug. 22-24 for gospel singers and writers. This is a first for gospel music in California.

Calvary Records is offering a combined album for the winners of the six performing categories. Winners will also be invited to appear with Carol Rogers on the upcoming TV program, "The Sound of Joy." Calvary Publishing will publish the winning original song. Carol will record it on her next album.

Entry deadline is Aug. 4. For entry blanks and more information, write to: Sound of Joy, 6625 Sunny Lane, Carmichael, CA 95608.

LV Presbyterian

"Why I Am Being Led To Leave La Verne And Go To San Luis Obispo" will be the sermon topic of Dr. John R. Springer at the 10 a.m. worship service at the La Verne Heights Presbyterian Church Sunday. The church is located at 1040 Baseline Rd.

Following the morning service a congregational meeting will be held to ask the congregation to release Dr. Springer at the end of August so he may accept a call to the First Presbyterian Church of San Luis Obispo.

Church of the Brethren

Erv Huston of Voice of Calvary will speak 10:45 a.m. Sunday at the Fellowship Church of the Brethren, 2282 Third St., La Verne.

New Testament studies will be the topic of Steve White Wednesday, July 30 and Dean Wayne Miller, newly appointed dean at La Verne College is scheduled to speak Sunday, Aug. 3.

Valley Drive-In

"The Occult — a passing fad or a vital part of the continuing struggle of Satan to usurp the throne of our eternal God?" Author Hal Lindsey will guide viewers to the bizarre world of the occult in the film of that title, Sunday evening in the drive-in of the Valley Community Drive-In Church, Lone Hill Avenue and Covina Boulevard, San Dimas.

An increasingly popular feature of the Sunday Evening Under the Stars programs are the 8 p.m. singalong sessions which precede the showing of the film. People are invited to bring blankets to sit on the lawn.

In the film, Lindsey declares that in witchcraft, astrology, Ouija Boards and other forms of the occult, people do experience supernatural phenomenon and that from the ruins of Babylon to Main Street, U.S.A., people are being drawn by mystical voices that call from darkness. The purpose of this film is to document the reality of the Satanic power of the occult that is a threat to mankind regardless of the level of the involvement. It presents the Gospel of Christ as the power that builds rather than destroys, that offers hope rather than despair.

Pastor Melvin De Vries will speak on the topic, "The Good Cheer of Victory" at the 8:30 a.m. early service in the drive-in as well as the 11 a.m. walk-in and drive-in worship service. Sunday School for all ages will be at 9:30 a.m.

Religion lecture

The concluding lecture in the Thursday evening series at Immaculate Heart College, Western at Los Feliz, Hollywood, will feature July 31 a nationally known theologian and professor of religion at Howard University, Washington, D.C.: Dr. Rosemary Radford Reuther. She will speak on the topic "Women in Ministry." Dr. Reuther's most recently published work is "Religion and Sexism."

The final lecture of the series is sponsored by several women's organizations in the Los Angeles area. As usual, the nominal \$2 admission tickets are available at the door to the auditorium before the lecture begins at eight o'clock.



Nazarene camp, pow wow

First Church of the Nazarene, Upland will hold Bible day camp 10:30 a.m.-1 p.m. July 28-Aug. 1 for children, aged 4 through sixth grade. Highlight of the day camp is a children's pow wow July 31 led by Buffalo Bill, a northwest Indian, who will lead songs and games and tell stories. Indian artifacts will be displayed.

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Diseases of the thyroid

John Smith lost his job, separated from his family, and got into trouble with the law.

Simultaneously, but not merely coincidentally, John Smith suffered from hyperthyroidism.

According to Dr. John T. Nicoloff of Northridge,

professor of medicine and director of the Clinical Research Center at the University of Southern California (USC) School of Medicine, hyperthyroidism — excessive activity of the thyroid gland — can bring about personal tragedies.

"The most significant

initial symptom of the disease is emotional and may project his problems onto other people, with the said. "An overactive thyroid can cause a person to overrespond to his emotional impulses."

"The patient may become nervous, irritable, and even unable to distinguish

between real and unreal. He may project his problems onto other people, with the said. "An overactive thyroid can cause a person to overrespond to his emotional impulses."

Divorce, for instance, is common with hyperthyroid patients.

"The patient generally is manic. With his nervous

energy inspiring him to feel omnipotent and to act impulsively, he may drive erratically, steal, and behave rashly with law enforcement officers."

Dr. Nicoloff compared the emotional effect of hyperthyroidism to the stress of brainwashing.

and present."

In addition to emotional problems, the most common features of hyperthyroidism are weakness and fatigue — despite nervous energy, weight loss — despite increased appetite, sleeplessness, and enlargement of the thyroid

Continued

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Thyroid diseases (Concluded)

gland. "A thyroid mass will cause a swelling in the neck near the Adam's apple," Dr. Nicoloff said. "This is a frequent tipoff to the presence of the disease." Dr. Nicoloff explained that hyperthyroidism, like arthritis, is a disease of autoimmunity, in which antibodies attack the body's own — rather than foreign tissues. The thyroid

responds to this attack by enlarging and becoming overactive.

"For reasons we don't yet understand," Dr. Nicoloff said, "women have a predilection for autoimmune diseases. Hyperthyroidism strikes five times as many women than men, and usually it strikes women during their reproductive years."

Underactive thyroid

Treatment of hyperthyroidism is directed at reducing the size of the enlarged gland. "The patient may have to undergo surgery," Dr. Nicoloff said, "or he may swallow a solution containing radioactive iodine, which inhibits the growth of new thyroid cells."

According to Dr. Nicoloff hypothyroidism — failure of the thyroid gland to produce sufficient amounts of its hormone — is a subtle disease that is commonly misdiagnosed by physicians.

"It's also difficult to diagnose. The disease

progresses very slowly, and other diseases may produce the same initial symptoms."

Fatigue, weakness, weight gain, and nervousness are the most common initial symptoms of hypothyroidism, they equally point to depression, the nation's greatest health problem. Or they can be attributed to obesity or simply to a speeded-up process of aging, the other two most common causes for these states."

Although a patient with these symptoms might properly be referred to a psychiatrist or instructed to lose weight, a physician may link the problems to an underactive thyroid. "Fifty to 70 percent of cases labeled hypothyroid are misdiagnosed," Dr. Nicoloff estimated.

"Hypothyroidism is a common disease," he explained. "Affecting one out of 1,000 persons, it is the second most common glandular disorder, next

only to diabetes. So it's easy for a physician considering the frequency of the disease to correlate it with his patient's problems."

"Or perhaps the physician has conducted inadequate tests or has over-interpreted results of the tests."

"Furthermore, the prescription medication used to treat hypothyroidism is relatively innocuous, which is why doctors often do not hesitate to try synthesized

Dr. Nicoloff indicated that the number of misdiagnosed cases of underactive thyroid can be reduced, if not eradicated, by a relatively new test. "The test, called the TSH radioimmunoassay, clearly identifies hypothyroidism. It's been widely available for more than five years but unfortunately has not been widely used."

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PLUS DEPOSIT

Things to see and do in Southern California

A puppetry workshop, Shakespeare festival, Open House and various water events are among the activities for Thursday through Aug. 3 (activities listed below (subject to change without notice), as compiled by the Automobile Club of Southern California.

Of special interest are the 49th annual Perris Valley Lions Festival, 40th annual Laguna Beach Festival of Arts and the 15th annual Oxnard Sports Festival.

ANAHEIM: Ringling Brothers and Barnum & Bailey Circus; various hours, at the Convention Center, July 31-Aug. 12.

The Angels play Minnesota, Friday at 7:30 p.m., Saturday July 26, 5 p.m. and Sunday 1 p.m.; and Chicago, July 28-30, 7:30 p.m. — at Anaheim Stadium.

APPLE VALLEY: 28th annual Pow Wow Days, featuring Indian dance competition, a rodeo, carnival and a parade (9:30 a.m., west on SR 18, from Central Road, Saturday); various hours, at the Community Center, on Navajo Road, Friday through Sunday (free grounds admission — call 714-242-388 for details).

BELL GARDENS: 14th annual Community Fair, in-

cluding a carnival plus displays of cultural and historical items; 3 p.m.-midnight (July 31-Aug. 1) and noon-midnight (Aug. 2-3), at Bell Gardens Park, Loveland Street and Perry Road (free grounds admission).

BIG BEAR LAKE: 22nd annual Old Miners Days, including a carnival, children's games, the National Burro Derby, contests and a parade (11 a.m., west on Big Bear Boulevard, from Knight Avenue, Aug. 3); various times and places, Saturday through Aug. 3 (call 714-866-4601 for details).

BISHOP: Annual

House at the Bowl, with the

public invited to view many kinds of performers: 9:30 a.m. and 10:30 a.m. (Mondays-Fridays), at the Hollywood Bowl, through Aug. 22 (admission free but reservations required — call 213-626-5781, ext. 626 for details).

INGLEWOOD: Ringling Brothers and Barnum & Bailey Circus; various hours, at The Forum, through Wednesday (paid admission).

LA HABRA (Orange County): 26th annual Lions Club Corn Festival, including a carnival, special entertainment and a parade (10 a.m., east on La Habra Boulevard, from Idaho Street, Aug. 2); 6 p.m.-midnight (Aug. 1) and 10 a.m.-midnight (Aug. 2), at El Centro Park, Cypress Street and Florence Avenue (free grounds admission).

LAKE HUGHES: 27th annual 49'er Days, featuring a parade (2 p.m., east on Elizabeth Lake Road, from Lake Hughes Road); 3 p.m.-midnight (Saturday) and noon-5 p.m. (Sunday), at the Recreation Center, 17270 Elizabeth Lake Road, (free grounds admission).

LOS ANGELES: National Mexican Rodeo; various hours, at the Sports Arena, Friday-Sunday (paid admission - call 714-494-1145 for details).

NINTH ANNUAL ART-A-FAIR, involving demonstrations and exhibits; various hours, at 595 S. Coast Hwy., through Aug. 24 (admission free but donations accepted).

NINTH ANNUAL SAWDUST FESTIVAL, featuring demonstrations, strolling minstrels and entertainment; 10 a.m.-midnight, at

Hawthorne Memorial Park, Prairie Avenue and El Segundo Boulevard (paid admission).

HOLLYWOOD: Open

House at the Bowl, with the

public invited to view many kinds of performers: 9:30 a.m. and 10:30 a.m. (Mondays-Fridays), at the Hollywood Bowl, through Aug. 22 (admission free but reservations required — call 213-626-5781, ext. 626 for details).

LAUREL HILL: 27th annual 49'er Days, featuring a

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Americans move in 7-year cycles

If you're an average American and have moved in the past seven years, you'll be buying another home and moving again in the not-too-distant future. National statistics show the average American moves once every seven years.

Why not make your next move easier by using a little packing and

moving expertise? The following suggestions are little more than common sense — but they're often overlooked nonetheless.

Pack belongings in medium size cartons that can be taped shut. Don't overpack them. Also, don't put combustible materials or perishable foods in boxes.

Label each box or carton,

indicating its contents and the room it should go in.

Pack fragile items carefully. Wrap the object in soft material, such as towels, newspaper or cotton, then place it in a box whose shape resembles that of the object being packed. For extra protection, you might put several small boxes containing fragile items in a larger

carton filled with towels.

If a professional mover is moving you, prepare for his arrival. Take draperies and pictures down, strip beds and pack linens, disconnect appliances and have the refrigerator defrosted and dry.

Go through the house with the mover and show him everything to be loaded on the truck. Count boxes

and note their contents. As the van operator makes his inventory, ask him to explain any notations he makes — and get a copy of the inventory. And check to be sure the mover leaves nothing behind.

If you have the mover pack fragile items, it's wise to pay any additional charge for special packing. But, if you prefer, you can pack fragile items yourself, using the method described previously.

What do you do if you and your

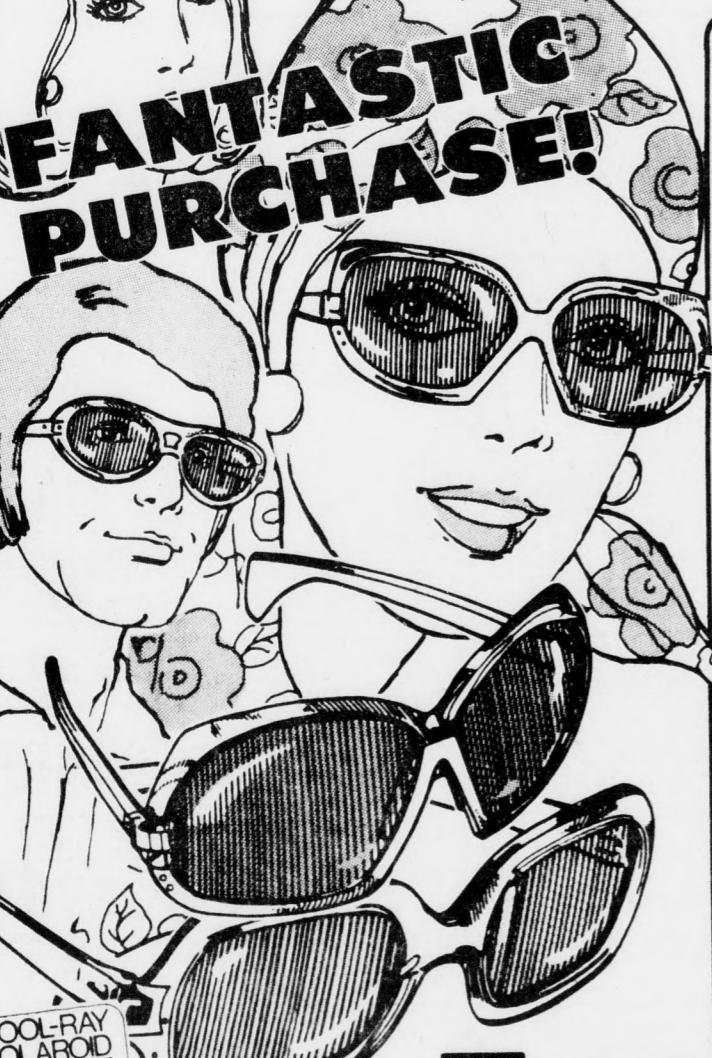
belongings arrive in your new community after a long distance move, and your new home isn't ready for occupancy? Most movers have their own storage warehouses whose facilities are available to you. This is something you should check out with the mover.

If you're moving from one state to another, the way in which you pay the mover is regulated by the Interstate Commerce Commission (ICC).

thrift

DRUG AND DISCOUNT STORES

Prices Good Through Tuesday, July 29th. White Sticks Last. We Reserve the Right to Limit Quantities. No Sales to Dealers.



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The nationally advertised year 'round sunglasses with shatter-resistant lenses—now at sensational savings! Absorb to 99% reflected glare & filter out to 96% potentially harmful ultra violet rays. Designed to most exacting optical standards in smart styles.



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WITH LECITHIN, KELP, B-6
The much talked about diet supplement. Take advantage of this special low price!



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28,000 IU Pure Vitamin E Beauty Oil—the new excitement in skin beauty care. Price incl. 1.00 off on label.

Vitamin E Skin Beauty Cream 2 oz. 3.48

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By Anita Miller

A woman ought to know

Dear Anita,

I would appreciate very much if you would answer as soon as possible the following question:

"What are the legal hassles if a married woman continues to use her maiden name?"

A maiden surnamed wife, Berkeley

Dear Wife,

California women are largely unaware that changing their names to that of their husbands upon marriage is a common-law right—and not a requirement of California law. A woman's name does not automatically change upon marriage, but it is assumed that she will change it.

SB-1822 (Marks-R, San Francisco) which was signed into law last year clarified the existing common-law right a person has to change his or her name. It is the intent of the law that a person who has no fraudulent

purpose in mind may change names merely by adopting and using a different one. It is not necessary to go to court.

Your "legal" name is whatever name you choose to use, whether you change it or not. The most important point, however, is to be consistent in the use of your name on all records and documents.

A new bill by Senator Marks, SB-555, would make it illegal for businesses to discriminate against married women who use their birth or former name. SB 555, would make it illegal for businesses to discriminate against married women who use their birth or former name SB-555 has passed out of the Senate and is scheduled to be heard in the Assembly Judiciary Committee. If you are interested in this legislation, write to your assemblyperson c/o State Capitol Building, Sacramento, CA. 95814.

Dear Anita:

Under the Equal Rights Amendment, will divorced women lose the customary right to custody of their children?

L. T., Torrance

Although children have traditionally been awarded to their mothers in divorce cases, judges generally make these awards not because of any law but out of their conviction that this serves the children's best interests.

The ERA will invalidate existing laws giving either mothers or fathers legal preference (some states give fathers legal preference for boys or older children), and judges will continue to make decisions based on each child's best interest. Since only 15 per cent of custody arrangements are arrived at inside the courts, the effect will be slight.

Dear Anita:

Will the ERA force women to pay alimony and child support?

B. M. Van Nuys

The laws that already exist in one-third of the states would comply with the spirit of the ERA. Alimony and child support would be based on circumstance, not sex. If one marriage partner had been the moneymaker and the other had no resources, the person without resources might get alimony. If one partner has custody of the child, the other might be required to make support payments.

Dear Anita:

I am a homemaker. That was my choice. However, it does appear to me that we are the forgotten and neglected minority in our system today. Do you know if there is any possible legislation in regards to Social Security, sick leave or disability?

C.A., Santa Cruz

Dear C.A.:

During the last Congressional session there was a bill introduced allowing housewives to make voluntary Social Security

contributions. Like many other good ideas, however, it did not get very far in Washington.

This is the time for you to get personally involved. The state legislators and members of Congress who represent you respond to the needs and wishes of their constituents only when you let them know what those needs and wishes are.

Ask the members of your neighborhood clubs, PTA, churches, etc., to join you in writing letters asking for legislation which would make these provisions available to housewives. Find out as much as you can about what changes in the law are possible by visiting your legislative district office and asking for advice.

Then, ask groups like National Organization for Women, American Association of University Women, League of Women Voters and others to join you. These groups are directly responsible for many bills every year and they are experienced participants in the political process.

Helping to upgrade the role of the homemaker and encouraging her to stay at home with her family, if this

July 24, 1975
is her choice, are priorities of this commission. But we have a long way to go in order to guarantee freedom of choice to everyone.

Send Questions to:
Anita Miller, Chairperson
California Commission on the
Status of Women
926 J St. Suite 1014
Sacramento, CA 95814

'Harry' adds six to run

"Give 'Em Hell Harry!" has extended its return-engagement by six performances in the Music Center's Ahmanson Theatre, and will now play from Aug. 25 through Sept. 13. "The tremendous demand for tickets for the return run of the James Whitmore starrer has assumed historic proportions," stated Music Center Presentations producer Jack Present.

"Harry" will play no matinees, and mail orders, only, are being accepted until August 4.

'Poppy Park' campaign begins

If just \$50,000 more can be raised, the preservation of one of California's last great stands of wild poppies will be assured.

This announcement was made by Joseph M. Long, chairman of the California State Parks Foundation—the conservation organization that is spearheading a campaign to create California's first "Poppy Park."

The foundation now holds an option on 940 acres of prime poppy land near Lan-

'America'

in bowl date

"America," one of the country's top selling recording artists, consisting of Dewey Bunnell, Dan Peek and Gerry Beckley will be appearing at a one-night concert only on Sunday, Aug. 3, Hollywood Bowl. Appearing with America, and making his U.S. debut, is their producer, George Martin, who will conduct the Hollywood Bowl Symphony Orchestra.

caster in Southern California. By raising \$50,000 more in addition to the \$250,000 already contributed, and supplementing this with state and federal matching funds, it will be possible to establish the key 2,000-acre portion of a magnificent wildflower state park," Long said.

Foundation officials said that thousands of gifts already have been received not only from groups and individuals in California but from other states and other nations. Garden clubs, women's clubs, PTA, DAR, Native Daughter's and Native Son's of the Golden West have all helped. Over 100,000 California school children gave enough to buy 52 poppy acres.

All contributors of \$5 or over receive a poppy-bordered "deed." Gifts should be sent to the California State Parks Foundation, 315 Montgomery Street, San Francisco, Calif. 94104, and may be made for birthdays or other occasions or as memorials.

GIRLS OVER 37!

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HEALTH NEWS . . .

Chiropractic Headache No. 1 The American Backache

By Dr. W. P. Helzer, D.C.

Recently a high school teacher gave a short quiz that tested the pupil's ability to match the specialist with a health problem.

When asked where an individual would best seek treatment and care of a back problem, 75% of them said "At the Chiropractor."

"The significance of this Dr. Wes

awareness is Dr. Wes

two-fold: most everyone knows that the modern Doctor of Chiropractic is the most natural person to see regarding a back problem;

and that backaches, sciatica, low

back pains, etc., are so prevalent in our society today, even the

youngsters know that some doctors recommend chiropractic treatment and care for them.

It is, of course, commonly known that the modern Doctor of Chiropractic, while being most knowledgeable in the treatment and care of back problems, is also a specialist for the many problems that occur because of back problems.

I frankly can see the day soon

when a student will recognize that headaches, bursitis, nervous disorders, and so many more ailments are directly traceable to nerve interference along the spinal column.

The backbones of Americans

are naturally the source for many difficulties in themselves.

Do you realize that 28,000,000

citizens now . . . today . . . suffer

from aching backs? And of that number, there are too tragically many who have resigned themselves to wearing back braces or just plain living with discomfort. These people should seek competent care and treatment for their problem.

One of the principal reasons that an individual with a back problem doesn't seek effective care from the modern Doctor of Chiropractic is that he dismisses the possibilities from normal alignment.

Maybe he didn't slip and fall.

Maybe he didn't attempt to lift a heavy load from a faulty position.

Maybe he doesn't do a lot of driving hunched over a steering wheel.

Maybe he doesn't do a lot of sitting slumped in a chair watching TV.

Maybe he doesn't work at a job

that requires him to operate from an awkward position.

There are many "maybe not's."

But life involves an equal

number of "maybes," ways in

which vertebrae might move sud-

denly or gradually from normal

alignment and cause back trou-

ble. Then it's time for action.

And it's never too late for an

appointment with a specialist in the problem. Even most school children know there's no "maybe about that."

EL MONTE

3447 No. Peck Rd.

444-0363

(Note: Dr. Helzer main-

tains chiropractic offices at

108 East H Street, Ontario,

telephone: 983-1711) (C) ARS

1975

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E78/14 27 95 H78/14 36 95
F78/14 29 95 J78/14 39 95

POLY SPORT
POLYESTER For The Particular TIRE BUYER
BLACKWALLS 19 95 (6/50/13) G78/14 26 95
C78/13 (180/13) H78/15 20 95
E78/14 21 95 J78/15 29 95
F78/14 22 95 L78/15 32 95

RAISED WHITE LETTER
70 SERIES 60 SERIES 50 SERIES
A70/13 22 95 B60/13 29 95 B50/13 33 95
E70/14 26 95 F60/14 29 95 G50/14 49 95
F70/14 28 95 G60/14 32 95 H50/15 49 95
G70/14 29 95 L60/15 39 95 M50/14 59 95

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ER78/14 46 95 37 95 H78/15 41 95
FR78/14 50 95 38 95 J78/15 43 95
GR78/14 54 95 39 95 L78/15 45 95

VWS DATSUN, TOYOTA & MANY OTHERS
Tire Retreads 5.60/15 (5.60/13) C78/14 24 95
6.00/13 E78/14 26 95
6.60/13 B78/13 28 95
\$12 88 AS LOW AS...
BATTERIES 12 95 GROUP 1

BRAND NEW... CAMPER & TRUCK Tires
6.70/15 \$24 95
6.50/16 \$26 95
7.00/15 \$28 95
7.00/16 \$28 95
7.50/16 \$34 95
8.00/16.5 \$39 95
8.75/16.5 \$44 95
9.50/16.5 \$46 95
10.00/16.5 \$49 95

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These are brand new 100% winter tires. They are the best winter tires available. Ideal tire for drivers & hikers! The perfect tire for the winter season. They are the best winter tires available. Ideal tire for drivers & hikers! The perfect tire for the winter season.

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BRAND NEW RADIALS
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ON SUNDAY... PLEASE CALL FOR AN APPOINTMENT

PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE
CITY OF SAN DIMAS NOTICE OF PUBLIC HEARINGS Notice is hereby given that public hearings will be held by the San Dimas Planning Commission to consider requests for a conditional use permit and variance, as follows: CONDITIONAL USE PERMIT NO. 76 — Request to allow the construction of 105 single-family residences on a sideyard easement trade basis on property in the R-1-7500-RPD 7.7 (Residential Planned Development Overlay Zone, 7.7 dwelling units per acre); said property is located on the south side of Foothill Boulevard 500+ feet west of San Dimas Avenue, in the City of San Dimas, and VARIANCE NO. 115 — Request for a variance from development standards, as set forth in Section 242.6 of the San Dimas Zoning Ordinance, to permit less than the 25% minimum requirement for open space areas in the proposed development as described above.	ORDINANCE NO. 409 AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF MONTCLAIR AMENDING SECTION 8-5.03(a) AND (b) OF CHAPTER 5 OF TITLE 8 OF THE MONTCLAIR MUNICIPAL CODE RELATING TO FIRE ZONES The City Council of the City of Montclair does hereby ordain as follows: SECTION I. AMENDMENT TO CODE. Subsection (a) of Section 8-5.03 of Chapter 5 of Title 8 of the Montclair Municipal Code is hereby repealed. SECTION II. AMENDMENT TO CODE. Subsection (b) of Section 8-5.03 of Chapter 5 of Title 8 of the Montclair Municipal Code is hereby amended to read as follows: That area lying easterly of the San Antonio Flood Control Channel between said Channel and Silicon Avenue and the southerly prolongation of the center line of Silicon Avenue between Holt Boulevard on the north and the Southern Pacific Railroad right-of-way on the south.	NOTICE OF TRUSTEE'S SALE T.S. No. 75-22136 On AUGUST 13, 1975, at 10:00 A.M., FEDERAL NATIONAL MORTGAGE ASSOCIATION, as duly appointed Trustee under and pursuant to Deed of Trust Dated: November 10th 1971 recorded Dec. 1, 1971, as inst. No. 167, in book 7806, page 306, of Official Records in the office of the County Recorder of San Bernardino County, State of California WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the main entrance to the County Courthouse in the City of San Bernardino, California all right, title and interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.	and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to-wit: \$21,318.28, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.	Official Records in the office of the County Recorder of San Bernardino County, State of California WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the main entrance to the County Courthouse in the City of San Bernardino, California all right, title and interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.	delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. Date: July 11, 1975 FEDERAL NATIONAL MORTGAGE ASSOCIATION as said Trustee, By MONA MARTIN Authorized Signature Cucamonga Times 2028 Publish: July 24, 31, August 7, 1975 B 83551	recorded in Book 62 of Maps, Pages 56, 57 and 58, records of said County. TOGETHER WITH an easement over the Northerly 12 feet and the Easterly 5 feet of Lot 32 of said Tract, for the drainage of any and all surface waters from said Lot 33.	Said sale will be held on Monday August 4, 1975 at 2:00 P.M. at the North entrance to the County Courthouse, City of San Bernardino, California. Date: July 3, 1975 WESTMORELAND SERVICE, INC. as said Trustee By T. D. SERVICE COMPANY, agent By Linda Leigh, Ass't. Secretary Upland News 5093 Publish: July 10, 17, 24, 1975 B 83139
Information concerning the proposed conditional use permit and variance may be obtained by the public in the Planning Department, San Dimas City Hall, 245 East Bonita Avenue, San Dimas. A detailed legal description of the subject property is on file in the Planning Department, San Dimas.	TESTIMONY will be heard for and against the above requests at the Planning Commission meeting on TUESDAY, AUGUST 5, 1975 at 8:00 P.M. in the City Council Chambers, 245 East Bonita Avenue, San Dimas.	SECTION III. PUBLICATIONS. The City Clerk of the City of Montclair shall cause this ordinance to be published in the Montclair Tribune at least once within fifteen (15) days after its passage.	APPROVED AND ADOPTED THIS 21ST DAY OF JULY, 1975. /s/ Harold M. Hayes Mayor ATTEST: /s/ Gertrude L. Hill City Clerk	NOTICE OF TRUSTEE'S SALE T.S. No. 75 22391 V On August 27, 1975, at 10:00 A.M., Federal National Mortgage Association as duly appointed Trustee under and pursuant to Deed of Trust dated May 23rd, 1974, recorded June 6, 1974, as inst. No. 188, in book 8446, page 296, of	The street address and other common designation, if any, of the real property described above is purported to be: 7700 Amethyst Street, Cucamonga, California. The undersigned Trustee disclaims any liability for any incorrectness of the street address	The beneficiary under said Deed of Trust heretofore executed and	TOGETHER WITH an easement over the Northerly 12 feet and the Easterly 5 feet of Lot 32 of said Tract, for the drainage of any and all surface waters from said Lot 33.
						recorded in Book 62 of Maps, Pages 56, 57 and 58, records of said County. TOGETHER WITH an easement over the Northerly 12 feet and the Easterly 5 feet of Lot 32 of said Tract, for the drainage of any and all surface waters from said Lot 33.	SAID sale will be held on Monday August 4, 1975 at 2:00 P.M. at the North entrance to the County Courthouse, City of San Bernardino, California. Date: July 3, 1975 WESTMORELAND SERVICE, INC. as said Trustee By T. D. SERVICE COMPANY, agent By Linda Leigh, Ass't. Secretary Upland News 5093 Publish: July 10, 17, 24, 1975 B 83139
							Perform a death-defying act.  Stop smoking. Give Heart Fund American Heart Association



E.O.M. *

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<p>598 W. HOLT POMONA 623-2656</p>	

VCT holds workshop

Valley Community Theatre's Education Workshop has resumed sessions on Tuesday evenings and Saturday mornings for the duration of the summer and will continue at those times into the fall. Mack Gilliland, past VCT president, is conducting the free acting sessions, open at no fee to all residents of the Pomona Valley.

Participants in addition to receiving instruction in acting fundamentals will produce for tournament competition entries for the Los Angeles County Parks and Recreation Adult Drama Festival and the Riverside Tournament of One Act Plays.

Further information about the workshops, or for reservations for VCT's youth auxiliary production of "The Roar of the Greasepaint" may be obtained by calling the theatre at 622-6954 or by calling Gilliland at 629-8977.

Valley Community Theatre, Pomona currently is accepting applications for directors, designers, musical directors, choreographers, musicians, and technicians for the season.

Interested parties should send a brief resume, including areas of interest and availability to: Valley Community Theatre, 132 E. Third St., Pomona, Calif., 91766, Attention: Production Co-ordinator.

Aquamaniacs to perform

PALOS VERDES PENINSULA — The Great American High-Diving Team, which won first place last December at the annual World's Cliff Diving Championship in Acapulco, has been set to perform daily throughout the summer at Twentieth Century-Fox's Marineland.

The team was chosen from the finest professional divers in the United States, and earlier this year appeared on ABC Television's Wide/World of Sports.

With the team is Acapulco cliff diver Al Valladares, the world's high-diving champion.

Musical medley

Great scenes and songs from Broadway musicals will be preperformed by the Chaffey College theaterarts department Aug. 1.

The musical medley will be at the Magnolia Recreation Center, 651 W. 15th St., Upland, and will be sponsored by the Upland Recreation Department. The performance will be from 7:30 to 9 p.m.

Advance tickets may be purchased from the department office at 404 N. Second Ave. An additional charge will be levied on tickets purchased at the door.

Further information may be obtained by calling 985-0994.

Do's, don'ts

In pursuit of a fabulous tan, people often risk serious danger to eyes, face and skin. If you're a confirmed sun worshipper, these tips may help you avoid such problems this summer.

1. Do bring adequate cover-up protection wherever you sun bathe — a wide hat, robe, beach towel, umbrella.

2. Don't take too much sun the first time out, despite the temptation. About 20 minutes should be maximum; you can increase this as you tan.

3. Do have adequate sun protection items with you: a good sun-screening cream used liberally; salt tablets if you sweat excessively; aspirin for headache, chills, fever that too much sun often causes; and a good topical first aid cream for minor sunburn pain.

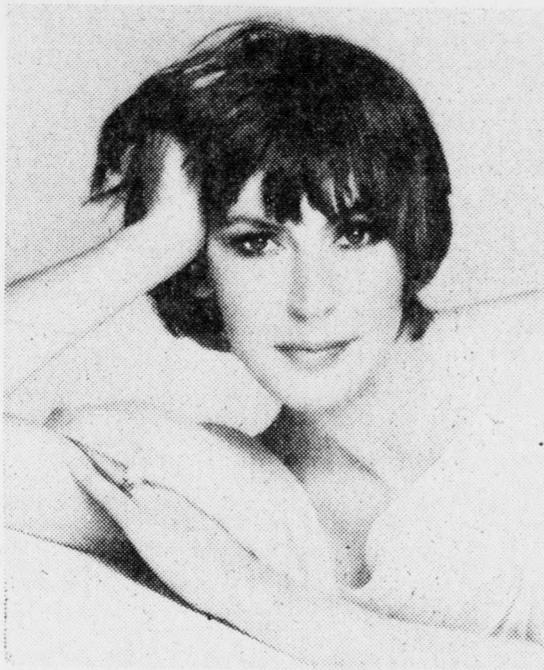
4. Don't use "goggles" instead of sunglasses for eye protection, vision experts caution. Thin lenses are made for fun and fashion wear; they won't filter out the powerful sun's rays as thicker lenses do for true eye protection. Gray and green lenses cut glare best.

5. Do drink liquids frequently in the sun to replace body fluids drained by heat loss.

6. Don't sun bathe as long on water as on land; the sun's rays reflect more powerfully on water. Boaters beware.

7. Do keep a little first aid guide handy with data on sunburn and heat prostration.

8. Don't heed any of the above — and spend your summer indoors, treating the tan that might have been.



Helen Reddy will open a one week engagement at the Universal Amphitheatre on Aug. 4 through 10. Freddie Prinze of "Chico and the Man" fame, is the opening act. Tickets are available at the box office and all Mutual and Ticketron agencies.

Operas set at Greek

The Greek Theatre's love, Madam Butterfly, will summer season will be presented August 28 and highlighted by two 30 with Dorothy Kirsten in productions of operas of her famous role of Cio-Cio contrasting mood. Puccini's San.

great drama of ill-starred

Golden agers days at fair

POMONA — Golden agers will be honored by the Los Angeles County Fair at two Senior Citizens Fun Days Monday, Sept. 15 and Monday, Sept. 22, according to Phil D. Shepherd, general manager.

On these two days, individuals who are over 62 years of age or are members of recognized senior citizens' groups will be eligible for a special

Golden agers will also be

reduced admission price, reduced tram fares and free entertainment.

Included in the activities planned for senior citizens is a free grandstand show with reserved seating. The Polack Bros. Circus will appear Sept. 15, with "The Wonderful World of Horses" featuring the Royal Lipizzan Stallion Show scheduled Sept. 22.

Golden agers will also be

treated to special P.O. Box 2250, Pomona, entertainment, including 91766 and enclosing a check prize drawings, at the or money order covering Fair's amphitheatre.

Groups can make The Fair begins its 17-day reservations by writing run Sept. 12.

Photogs enter Fair

POMONA — Photographers from around the world will compete in the 19th annual Los Angeles County Fair Exhibition of Photography, Sept. 12 through 28.

The international salon is expected to draw more than 2,000 professional, amateur and student entries from the United States and more than 30 foreign countries. The exhibition will be conducted according to the recommended practices of the Photographic Society of America.

Photographers may enter their work in any of the exhibition's five categories: prints — color or monochrome, color pictorial slides, nature slides, stereo slides and humorous prints (not a PSA recognized competition). Sequences, time

information and entry forms may be obtained by contacting the Photography Department, Los Angeles County Fair, P.O. Box 2250, Pomona, California, 91766.

The 48th Los Angeles County Fair runs Sept. 12 through 28.

Twins enter fair contest

POMONA — It's twin time again and entries are already pouring in for the 14th annual twins contest at the Los Angeles County Fair on Sunday, Sept. 14.

Final day for accepting entries is Aug. 25.

Classification follow the pattern of previous years: most alike identical boys, girls, fraternal boys, fraternal girls, and boy and girl; least alike fraternal boy and

girl, fraternal boys, fraternal girls.

Age groupings in each division are 3 to 6; 7 to 12, and 13 to 18.

Entry blanks may be obtained by writing the Los Angeles County Fair, Box 2250, Pomona, 91766.

Other fun contests are scheduled during the 17-day run of the Fair, starting Sept. 12.

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